

41st Annual Cross Cultural Conference **REGISTRATION**

**FEBRUARY 21-24, 2019
HILTON MYRTLE BEACH RESORT**

WWW.REGONLINE.COM/CROSSCULTURALCONFERENCE

REGISTRATION OPENS DECEMBER 3, 2018



Forging Solutions out of Challenges



2019 Cross Cultural Conference Student Learning Institute

FEATURING STUDENT POSTER SESSIONS

Entries due January 21, 2019

Presenters must be registered for the conference by February 1, 2019

For more details about the poster session and the link to submit proposals,
please visit our website at

https://webster.co1.qualtrics.com/jfe/form/SV_7ZI8xiv1frgejB3

FEBRUARY 21-24, 2019
HILTON MYRTLE BEACH RESORT

ONE DAY STUDENT REGISTRATION \$35

FULL CONFERENCE STUDENT REGISTRATION \$110



Student Learning Institute Contact Dr. Thommi Lawson

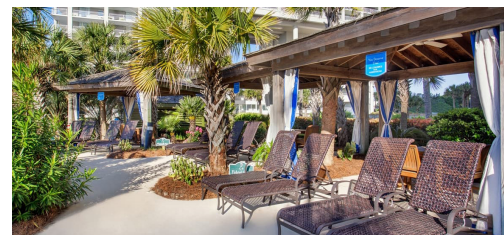
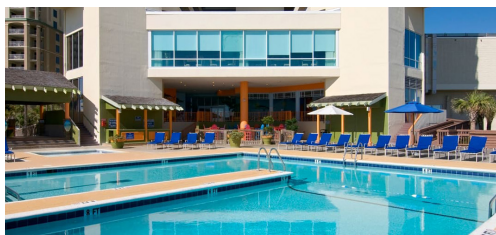
P: 843.497.3677 | E: thomasinalawson@webster.edu

Please Note:

*Poster proposals for presenters not registered for the conference by
February 1, 2019 will be dropped from consideration on February 2, 2019.*

Visit our website for more registration details! | www.crossculturalactioncouncil.org

The **HILTON MYRTLE BEACH RESORT** offers beautiful accommodations and a variety of amenities including a pool and spa.



CONFERENCE GOAL The Conference is designed to provide participants with the knowledge, skills and networking opportunities that will enhance the delivery and effectiveness of services in their respective professions.

WHO SHOULD ATTEND This conference is designed for persons working with diverse cultural groups including but not limited to: social workers, nurses, professional counselors, psychologists, physicians, attorneys, law enforcement, policy makers, educators, members of the clergy, criminal justice professionals, as well as other interested personnel.

CONTACT HOURS AND CONTINUING EDUCATION The Action Council for Cross-Cultural Mental Health and Human Services is approved by the South Carolina Board of Social Work Examiners as a continuing education provider. Approval has also been granted by the South Carolina Board of Examiners for Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists. The conference will provide 22.5 general contact hours to include 18 social work contact hours for both licensing boards.

NURSING Mid-Carolina AHEC, Inc. is an approved provider of continuing nursing education by the South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission of Accreditation. This continuing education activity, approval #1212-031-PR-305, is approved for 23 hours. Participants must attend 90% of the program in order to receive a certificate of attendance. No partial credit will be given.

2019 CONFERENCE AGENDA

THURS.
FEBRUARY
21ST

CONFERENCE REGISTRATION OPENS 12:00 pm

3:30 – 6:30



PRE-CONFERENCE WORKSHOP

CLIENT VIOLENCE: KEEPING YOURSELF & OTHERS SAFE

JODI FLICK, MSW

This workshop addresses the problem of violence against health professionals, child welfare workers and mental health clinicians, with recommendations on both clinical and administrative issues regarding client dangerousness. The primary goal is to ensure the safety of practitioners, clients, and others involved. Training in preventing, recognizing and intervening in these situations has been demonstrated to decrease incidents, decrease injuries, and increase staff confidence. Risk factors for hostile behavior will be discussed, with emphasis on those factors over which clinicians have influence. Guidelines for adequate assessment of a client's history and potential for violence are provided with handouts for use by clinicians in data-gathering. Special assessment of the dangerousness of persons with mental illness will be covered, along with cues for recognizing and intervening at each stage of escalating behavior. We will describe and practice appropriate practical interventions.

7:00 PM

PRE-CONFERENCE PANEL DISCUSSION LGBTQ YOUTH PANEL DISCUSSION

OMAR TROUTMAN, PH.D., NCC, LPCS

Clinical Director for the Child, Adolescent and Family Clinic
Lexington County Community Mental Health Center

PAT PATRICK, MSW, LISW

JANE CLEMENTI, CO-FOUNDER
TYLER CLEMENTI FOUNDATION

**FRIDAY
FEBRUARY
22ND**

**8:30 – 9:45
SPEAKER**

OPENING PLENARY
SARA GOLDSBY MSW, MPH, DIRECTOR
SC Department of Alcohol and Other Drugs



10:00 – 11:45

CONCURRENT WORKSHOPS

CLINICAL TRACK

Addressing the Needs of LGBTQQIA Youth in South Carolina: A Multisystemic Approach to Conceptualization and Care

OMAR TROUTMAN, PH.D., NCC, LPCS

*Clinical Director for the Child, Adolescent and Family Clinic
Lexington County Community Mental Health Center*

While there are modest examples of communities and school districts addressing the needs of LGBTQQIA youth, there remain barriers to inclusion as well as a paucity of resources and champions to provide the holistic care necessary to usher the population into adulthood. This presentation will explore the multiple systems in which LGBTQQIA youth interact and how those systems facilitate or hinder the achievement of developmental milestones. Building a viable and enduring community of care will be explored.

POLICY TRACK

Critical Crossroads: The Intersection of Culture, Trauma, and Education

TIFFANY HOLLIS, PHD

Assistant Professor, Coastal Carolina University

Traumatized children are at increased risks for behavior and learning difficulties as well as chronic physical and mental health problems. Trauma-informed interventions in school can greatly assist with resiliency and improved school outcomes. This workshop will explore what trauma is and describe how such trauma impacts behavior and academic achievement.

FAMILY / COMMUNITY TRACK

The Impact of Trauma and Power of Resilience

PAT PATRICK, MSW, LISW

Adverse Childhood Experiences (ACEs) are potentially traumatic and often culturally relevant events that occur in a child's life when left untreated can have negative health and well-being outcomes throughout life. The ACE Study provides empirical evidence on the impact these traumatic events can have in early brain, emotional and physical development that increase risk of substance use and abuse, depression, unintended pregnancies, physical disease, mental illness, under and unemployment, poverty and homelessness. The good news is that ACEs are preventable and by building resiliency skills, the counter weight to ACEs, the more likely children and adults are to deal with negative situations that won't have prolonged and unfavorable outcomes. Learn what we can do in changing the conversation from what is wrong with you to what has happened to you in support of healing and resilience.

**12:00 – 1:45
SPEAKER**

PRESIDENT'S LUNCHEON

MARK NICKERSON, LICSW

*The Interface of Social Justice Work,
Social Psychology and Psychotherapy*



2:00 – 3:45

CONCURRENT WORKSHOPS

CLINICAL TRACK

Culturally Informed Psychotherapy

MARK NICKERSON, LICSW

*Director- EMDR Advanced Training and Distance Learning, LLC
EMDRIA Approved Consultant*

Expanding upon the plenary talk, this workshop will review components of cultural competence in psychotherapy, strategies to address the internalized impact of culturally based trauma and adversity, methods to reduce social prejudice, and relevant features of EMDR therapy.

POLICY TRACK

The Law and the Rights of People With Mental Illness

ROCHELLE CATON, JD

*Director, Office of Client Advocacy, Legislative Liaison
SC Department of Mental Health*

This workshop is designed to provide clinical staff in inpatient and outpatient treatment settings with general understanding of the laws relating to people with disabilities. The goal is to eliminate the mystery of how the law works to free clinicians from the worry of liability to focus on good patient care. The training discusses the evolution of disability laws from the 19th century to the present, and reviews in non-legal terms the framework of legal rights and how legal liability works. Finally, the session provides practical tips to keep clinicians focused on good care without unnecessary concerns about legal issues.

FAMILY / COMMUNITY TRACK

Understanding Neuroscience and Neurocounseling in the Treatment of Co-Occurring Disorders

DR. DIANE M. O'BRIEN, LPC-S, NCC, CCMHC, ACS, CCTP

*Counseling Program Coordinator/Core Faculty/Clinical Director
Webster University, Myrtle Beach Metropolitan Campus*

Neurocounseling is a new and rarely used method of understanding and treating brain-based diseases; specifically mental illness and substance abuse and addiction. This workshop will help attendees to demonstrate preliminary knowledge of the parts of the brain and how each part functions and influences the development and continuation of co-occurring disorders. We will also discuss application of the concepts of neurocounseling when working with clients with co-occurring disorders.

4:00 – 5:30

PANEL DISCUSSION

ADDRESSING THE GROWING OPIOID CRISIS

GEROD GORE, LISW

Group Administrator

Advantage Medical Group (Myrtle Beach Site)

EMILY BLEWITT, LISW-CP CACI

Clinical Supervisor

Shoreline Behavioral Health Services

JESSIE MARLOWE, CSPS

Director of Prevention Services

Shoreline Behavioral Health Services

SHERIFF PHILLIP E. THOMPSON

SHERIFF OF HORRY COUNTY

**SATURDAY
FEBRUARY
23RD**

8:00 – 9:45

CONCURRENT WORKSHOPS

CLINICAL TRACK

A Check-Up From the Neck Up

PRISCILLA MURPHY, LPCMH, MED, BSN, RN

This workshop will discuss managing the shame and myth related to mental health. It will entail dealing with mental health issues and the family secrets related to mental health. The discussion will focus on mental health disorders, treatment options, and being an advocate for your mental wellbeing.

POLICY TRACK

Standing on Shoulders: ROSC and Recovery Rising in the 21st Century

NATHAN LEE TATE,
LMSW, LCSW, LCAS, CCS, MAC, ICAADC, MATC
*Recovery Services Coordinator
South Carolina Department of Alcohol and
Other Drug Abuse Services*

This workshop will allow participants to gain knowledge and self-awareness about Recovery Oriented Systems of Care from a sociocultural and praxis perspective. They will be able to better align their knowledge, skills, and practice with value-centered care, practice transformation, and systems integration.

FAMILY / COMMUNITY TRACK

Behavioral Health Response in a Family Assistance Center

TRACY RICHARDSON, MA, PH.D ABD
Anderson Oconee Pickens Mental Health Center

The workshop will focus on the behavioral health response in a family assistance center. The cognitive, behavioral, emotional responses of adults and children after a disaster will be identified; and the interventions behavioral health professionals utilize in a family assistance center will be reviewed.

10:00 – 11:45

CONCURRENT WORKSHOPS

CLINICAL TRACK

Prescribing Mindfully: Addressing Mental Health from a Primary Care Perspective

DR. JADA QUINN, DNP

This workshop will discuss factors for consideration when diagnosing, and treating mental health disease processes in a primary care setting. The workshop addresses commonly seen disease processes, pharmacological consideration for management, and adjunctive therapies. Learners are challenged to apply theoretical principles and identify mechanisms of outcome evaluation through inclusion of interactive case presentations.

POLICY TRACK

Compliance with the new NASW Code of Ethics: How to Avoid 'Situational Ethics' in Work Settings

KAREN STARKS, PHD, LCSW

This workshop helps social workers identify situations that would be in violation of the new NASW Code of Ethics. The workshop will provide an overview of the 2017 changes to the NASW Ethical Standards: Social Workers' Ethical Responsibilities to Clients, to Colleagues, in Practice Settings and to the Social Work Profession.

FAMILY / COMMUNITY TRACK

Older Adults and Opioids: Crisis, Risk, and Intervention

C. RAY TAYLOR, ED.D, LPA

Associate Professor of Psychology, University of Mount Olive

Older adults are caught in the national opioid use crisis. As a result of long-term painful chronic conditions, older adults are more likely to be prescribed opioid treatment. At the conclusion of this session, participants will be able to describe commonly used opioids, benefits and predisposing risk factors related to opioid use in older adults, explain age-related changes in older adults that impact their decision to use opioids, discuss with older adults and caregivers various ways to create safe home environments when opioids are prescribed for pain treatment, and examine CDC recommendations for health care providers prescribing opioids.

12:00 – 1:45
SPEAKER

OTIS A. CORBITT LUNCHEON

MACIE P SMITH ED.D, LSW, C-SWCM

Take 3: Places Everyone-

The Reel World of Dementia



2:00 – 3:45

CONCURRENT WORKSHOPS

CLINICAL TRACK

Sexual Health in Clinical Settings: Because Sex Matters!

SARAH E. WRIGHT, PSY.D., CST/S

*Licensed Psychologist, Certified Sex Therapist/Supervisor
Live Wright Now, LLC*

Our culture is surprisingly unpracticed at talking about sex, and often this is no different for health care providers. This talk aims to provide basic education about sexual health, explore attendees' training and hesitation in addressing sexuality in clinical settings, and give practical guidance in how to bring issues of sexuality into the clinical realm. Participants will be encouraged to reflect on their own training and experiences, and to better understand the influence this has professionally. Participants will learn about the PLISSIT model to guide professional work, along with some techniques to address basic sexuality diagnoses. Structure for taking a sexual history will be provided.

POLICY TRACK

Exploring "Racial Competency" Among Practitioners Serving Racial and Ethnic Minority Intimate Partner Violence (IPV) Women Survivors

ERICA CAMPBELL, PH.D., MSW

*Interim BSW Program Director, Assistant Professor
School of Social Work, Fayetteville State University*

While intimate partner violence scholars and experts have developed an inclusive conceptualization of IPV, research highlights the need to construct a framework of IPV incorporating the sociocultural and sociohistorical contexts and narratives unique to racial and ethnic minority women. The discussion will focus on an inclusive discourse fully examining the complexities of IPV among racial and ethnic minority women, valuable to the development of quality services, interventions and prevention strategies aiming to serve racial and ethnic minority women.

FAMILY / COMMUNITY TRACK

A Holistic Approach for Nurses: Who's Assessing Mental Health Needs?

PRISCILLA MURPHY, LPCMH, MED, BSN, RN

This workshop will discuss the role of nurses in assessing patients' mental health as well as their physical. We will also discuss adverse childhood effects on mental health, and tools used to assess for depression.

4:00 – 5:30

PANEL DISCUSSION
THE WHO, WHAT, WHEN, WHERE
AND HOW OF HOMELESSNESS

BRUCE FORBES
Special Projects Coordinator, SHARE

YULAUNDRA HEYWARD, M.ED., HS-BCP
Retired – Assistant Director Francis Marion University
Counseling & Testing Center

TRACY RICHARDSON, MA, PH.D ABD
Anderson Oconee Pickens Mental Health Center

KIMBERLY PARSONS, LPC
Family Justice Centers of Georgetown and Horry Counties

SUNDAY
FEBRUARY
24TH

9:00 – 10:45 CONCURRENT WORKSHOPS

CLINICAL TRACK

Historical Review of Educational Solutions Forged Out
of Challenges in the Corridor of Shame
ERNEST SHAW, LMSW

Counties along the I-95 Corridor in South Carolina are the home of poverty, chronic illnesses, poor health care and some of the poorest schools in our state. Dubbed the “Corridor of Shame,” this area has been the victim of neglect for centuries. This workshop by a native of the “Corridor of Shame” will review this shameful story of neglect, resistance to change along with moments in the national spotlight and the incredible success stories that have taken roots in the “Corridor of Shame.”

POLICY TRACK

Self-care: Tools for Personal & Professional Well-being
KORI BLOOMQUIST, PHD
Winthrop University

There is a lack of knowledge regarding human service professionals’ use and perceptions of self-care. This presentation will share knowledge and data regarding the professional well-being and strain outcomes experienced and reported by human service professionals as well as their perceptions of self-care and their engagement in self-care practices across a variety of domains.

11:00 – 1:45
SPEAKER

CLOSING BRUNCH
MARK L DE SANTIS M.S., PSY.D.
Veterans Affairs, Suicide Prevention Coordinator
Suicide Prevention for Clinicians





THE ACTION COUNCIL *for Cross Cultural Mental Health and Human Services*

Join us by exhibiting at the Action Council's
41st Annual Cross Cultural Conference
February 21 – 24, 2019
Myrtle Beach, South Carolina

SHARE YOUR *Marketing Message!*

This is an opportunity for your organization/business to reach clinicians, social workers, professional counselors, nurses, physicians, administrators, service providers, and policy/decision makers with your marketing message.

Opportunities include:

EXHIBITING

SPONSORSHIP

**PRINT
ADVERTISING**

Do not miss this amazing opportunity!

Forms can be obtained online at: www.crossculturalactioncouncil.org
For questions, contact Herbert Walker at hwalker21@att.net

THE ACTION COUNCIL FOR CROSS CULTURAL MENTAL HEALTH AND HUMAN SERVICES

2019 CONFERENCE REGISTRATION

CONFERENCE REFUND POLICY

Cancellation requests **MUST BE RECEIVED** by MONDAY, January 28, 2019 to ensure a refund. An administrative fee of \$30.00 will be deducted from refunds. Substitutions are suggested instead of cancellations. ***There will be no refunds after the conference.***

We recommend that you register online. For Secure on-line conference registration go to:

<https://www.regonline.com/CrossCulturalConference>

PLEASE NOTE TICKETS ARE NOT REQUIRED TO ATTEND THIS CONFERENCE.

Name _____ Phone _____ E-Mail _____

Home Address _____ City _____ State _____ Zip _____

Employer _____ Work Phone _____ State _____

Employer's Address _____ City _____ Zip _____

Last 4 Digits SS#: _____ Special Accommodations _____

Early Bird Registration (by January 22, 2019) - \$210 (\$200 Action Council Members)

Late Registration (January 23—February 18, 2019) - \$235 • On Site Registration - \$250

Student Registration - \$35 One Day / \$110 Full Conference • Non Student One Day Registration - \$110

Individuals making on-site payment by State Agency Voucher System must bring a copy of voucher signed by approving authority as proof of payment.

MAJOR CREDIT CARDS ACCEPTED



Credit Card Number _____

Expiration Date _____ Signature _____

Please complete all sections of the conference registration form and send it, along with payment or voucher, to:

The Action Council

P. O. Box 1695 • Columbia, SC 29202

Email: crossculture.action@gmail.com (or) Fax: 1-866-591-1820

Make Payable to: The Action Council • Visit our website at: www.crossculturalactioncouncil.org

41ST ANNUAL CROSS CULTURAL CONFERENCE

THURSDAY, FEBRUARY 21, 2019 - SUNDAY, FEBRUARY 24, 2019

Hilton Myrtle Beach Resort

10000 Beach Club Drive • Myrtle Beach, SC 29572 • Reservations: (800) 876-0010, opt. 3

ROOM RATES AND ROOMS AVAILABLE:

Guestroom Rates and Resort Fees: Resort Fees have been reduced to \$10.00 per guestroom per night.

Please note there is a resort fee and taxes charged per night per room

__Hilton Oceanview Doubles.....	\$89.00, plus 12% Occupancy Tax
__Royale Palms Oceanview King	\$89.00, plus 12% Occupancy Tax
__Royale Palms Two Bedroom Oceanview Condo	\$198.00, plus 12% Occupancy Tax
__Royale Palms Three Bedroom Oceanview Condo	\$269.00, plus 12% Occupancy Tax

Please identify as attendees of the Action Council for Cross Cultural Mental Health & Human Services Event and use the following SRP code: ACC.

Your web page address/link: https://www.hilton.com/en/hi/groups/personalized/M/MYRBHHH-ACC-20190220/index.jhtml?WT.mc_id=POG

ALL ROOMS WILL BE HELD UNTIL JANUARY 21, 2019 OR UNTIL ALL ROOMS HAVE BEEN RESERVED, WHICHEVER DATE COMES FIRST. ON JANUARY 21, 2019, ANY ROOMS THAT HAVE BEEN BLOCKED AND NOT RESERVED BY YOUR GROUP WILL BE RELEASED FOR SALE TO THE GENERAL PUBLIC.

PLEASE NOTE: ONCE THE BLOCK HAS BEEN FILLED OR RELEASED, RESERVATIONS AFTER THAT DATE ARE SUBJECT TO ALL SURCHARGES, ADD-ONS, MINIMUM NIGHT STAY REQUIREMENTS, ETC. THAT MAY BE IN EFFECT AT THE TIME THE RESERVATION IS MADE (AFTER THE BLOCK IS FULL OR RELEASED).

CHECK-IN TIME: 4:00 PM OR LATER

.....

CHECK-OUT TIME: 11:00 AM OR EARLIER

ACTION COUNCIL
C/O HERBERT WALKER
100 Eastbranch Road
Columbia, South Carolina 29223

